

SurFedAUT Project

European **S**afety **F**ramework
in surf therapy for **AUT**ism

Deliverable 3.2

E-learning course

Authors:

Holland Surfing Association - Netherlands

Ericeira Surf Clube - Portugal

SoloSurf, SS – Spain

Asociación Mi Hijo y Yo, MHYY – Spain

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REPORT FROM THE SURFEDAUT PROJECT E-LEARNING

Introduction

This deliverable, the e-learning course, is targeting surf schools, surf therapy organisations, surf therapy coordinators, surf instructors and volunteers. It describes the ESFA backgrounds and teaches how to implement the ESFA within the organisation in several steps.

The main goal of the e-learning is to inform all stakeholders about their roles and responsibilities within the context of providing surf activities to participants with ASD level 1 grade Autism.

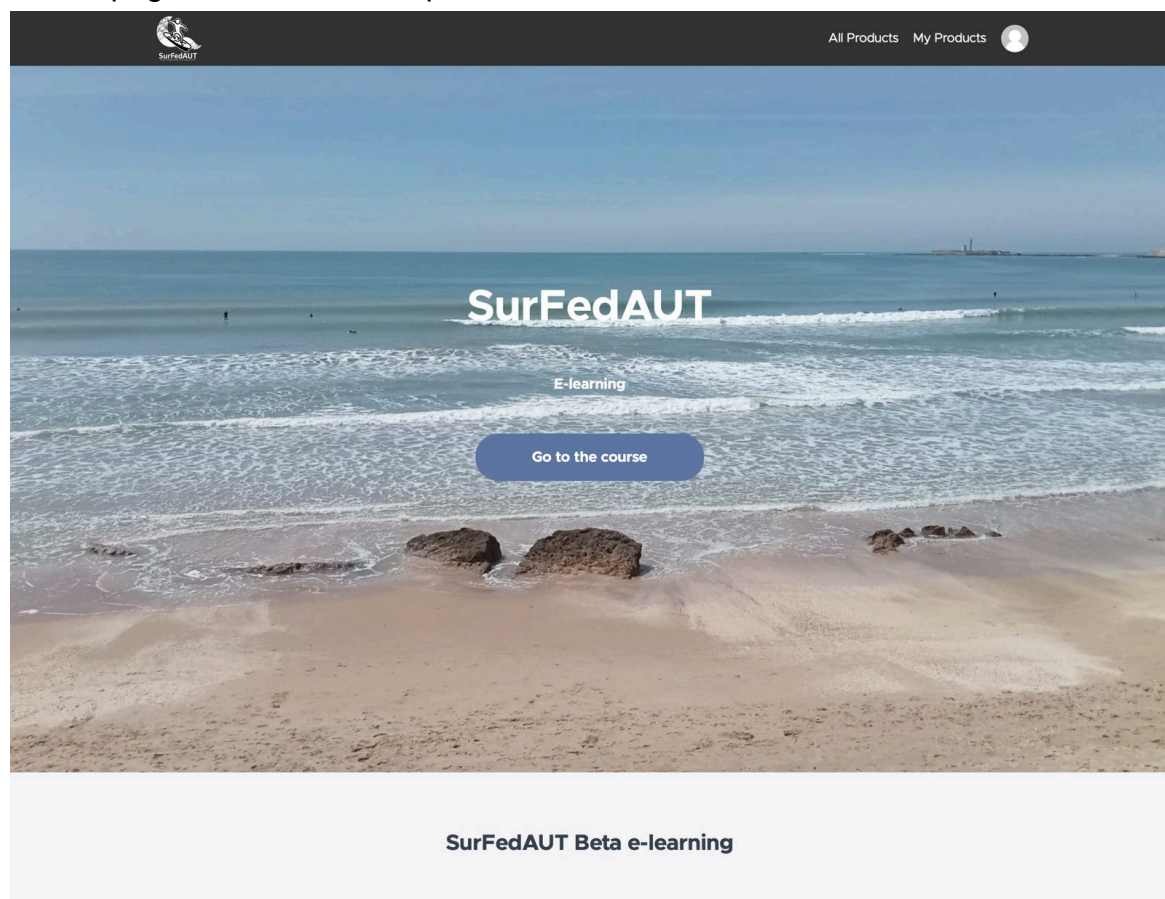
It is based on the Manual of Best Practices, Dev. 3.1, and on the ESFA Theoretical Framework, Dev. 2.2.

This elearning course will be applied and tested during the pilot projects and may be subject to incremental improvements.

<https://surfedautschool.teachable.com>

1. Landing page:

SurFedaut project e-learning, Clicking the button go to course will redirect you to the course page in the teachable platform.



2. Course content:

Based on the Manual and ESFA developed by Solo Surf downloadable in the introduction chapter of the e-learning.



Category: [All](#)

Author: [All](#)



SurFedAUT
European Safety Framework in Surf Therapy for AUTism

SurFedAUT beta elearning

This course teaches you how to implement an organisational structure that reduces risk in...



Gina van der werf

FREE





SurfedAUT beta elearning



SurFedAUT
European Safety Framework in Surf Therapy for AUTism

Introduction: 1 / 4

About the course

[Start Lesson](#)

3. Project Specific Objectives:

Main over-all content/narrative

Introduction

Working with autism can be counter-intuitive to sports professionals. Several reasons why this project was initiated. Description of the ESFA, Manual and goal of the E-learning.

Theoretical framework

- describe how autism presents and it's difficulties
- general idea of how risk management works.
- how risk management is important for surf activities in general and how surf schools mitigate these risks
- specific psychosocial risks to be considered in surf activities with grade 1 autism participants
- mitigation of psychosocial risk by organizational measures.
- Why implementing module 1-3 are primary preventive measures

Curriculum

Introduction	
≡ About the course	PREVIEW
≡ What is the ESFA	PREVIEW
≡ Manual of good practices	PREVIEW
≡ Assessment	START
ESFA Framework	
▶ About autism(0:11)	PREVIEW
≡ about risk management	PREVIEW
≡ Considerations in risk management in surf activities with participants with ASD grade 1	PREVIEW
≡ Implementation of the framework	PREVIEW

Module 1: Organising the team

- Description of the different roles and their prerequisites in knowledge, skills and responsibilities
- Organisational structure and hierarchy of roles: Promoter, coordinator, instructor, volunteer

Module 2: Training the team

- How to train for the different roles, additional resources for training individual skills/knowledge and how/where to find resources
- Procedural training for delivery of surf activities
- Assessment by occupational health and safety company for accreditation and insurance purposes

Module 1: Organising the team

≡ Roles and responsibilities	PREVIEW
≡ The promotor-surfschool/club/therapy program	PREVIEW
≡ The Surftherapy Instructor Coordinator	PREVIEW
≡ The IST-instructor	PREVIEW
≡ Volunteers	PREVIEW
≡ other stakeholders	PREVIEW
≡ Assessment	START

Module 2: Training the team

≡ about module 2, training the team	PREVIEW
≡ Step 1 and Step 2: Training of the professional staff	PREVIEW
≡ step 3; volunteer training & staff turnover	START

Module 3: Delivery of activity

- the actual steps of delivering the activity,
- the forms and data supporting each phase,
- how to make the activity predictable and understandable for the participants
- how to monitor participant well-being,
- how to use feedback to improve for the next session

Module 3: Delivery of the surf activity		
	Introduction to module 3(17:18)	START
	about 4 phases	START
	Physical sport functioning(0:12)	START
	Session planning protocol	PREVIEW
	Preparation protocol	START
	Development protocol	START
	Termination Protocol	START
	Safety considerations and protocols	START
	the 8 steps plan	START

4. Structure of the e-learning:

Users will be guided step by step through e-learning. Explanatory videos throughout the whole course are used to clarify course content.

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Module 2: Training the team

- ☐ about module 2, training the team
- ☐ Step 1 and Step 2: Training of the professional staff
- ☐ step 3: volunteer training & staff turnover

Module 3: Delivery of the surf activity

- ☒ Introduction to module 3 (17:18)
- ☐ about 4 phases
- ☐ Physical sport functioning (0:12)
- ☐ Session planning protocol
- ☐ Preparation protocol
- ☐ Development protocol
- ☐ Termination Protocol
- ☐ Safety considerations and protocols
- ☐ the 8 steps plan

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Introduction to module 3



The SurFedAUT logo features a stylized white outline of a person surfing on a multi-colored wave (yellow, orange, red, green). The wave is set against a blue circular background with white water spray. Below the graphic, the text "SurFedAUT" is written in a bold, black, sans-serif font.

To effectively deliver surf activities for participants with Autism Spectrum Disorder (ASD) Level 1, the Manual of Best Practices recommends following four essential phases of planning, preparation, execution (development) and conclusion of sessions.

Planning:

Prepare for each session by completing a **CHECKIN report**, which includes planning logisticsand understanding the specific needs of the participants

5. Way of assessing:

At the end of every chapter there will be an assessment.

Manual of good practices

Assessment

ESFA Framework

About autism (0-11)

about risk management

Considerations in risk management in surf activities with participants with ASD grade 1

Implementation of the framework

Module 1: Organising the team

Roles and responsibilities

The promotor-surfschool/club/therapy program

The Surftherapy Instructor Coordinator

Assessment

Quiz

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What does ESFA stand for?

European Surfing For Autism

Evaluation Surf Frame For Autism

European Safety Framework for Artists

European Safety Framework for inclusive and healthy surf environments for AUTism

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